

PULMONARY FIBROSIS



Pulmonary fibrosis is a condition where scarring appears in someone's lungs. It can happen for a large variety of reasons, and it is important for you to work with your health care practitioner to try and determine why you may have contracted it as knowing the diagnosis has significant prognostic implications. This is a very common disorder where patients fall into the "Dr Google" trap as there is a lot of scary and worrisome information about this disease that may not necessarily apply to any specific patient. Furthermore, understanding why this scarring has developed is important in order to help determine the best course of action as the medications to treat pulmonary fibrosis can come with a number of toxicities. The decision to treat should always be a joint decision between patient and physician.

Here is a great resource from the Canadian Pulmonary Fibrosis Foundation (CPFF)

[CPFF-Patient-Guide.pdf](#)